

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity.

Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ACTIVE KIDS POLICIES

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

 kin.ubc.ca/activekids/FAQ



THE UNIVERSITY OF BRITISH COLUMBIA

School of Kinesiology

UBC ACTIVE KIDS

Summer 2025



604-822-0207



kin.ubc.ca/activekids



info.activekids@ubc.ca



Osborne Centre, 6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

GYMNASTICS

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult. Children 4 years or younger must be within arm's reach of an adult. Registration online only.

Tues. & Thurs.: 6:00pm-7:00pm

CLOSED July 1st

\$5.75 per child

TEEN & ADULT DROP-IN (14+ YRS)

Sessions are coach supervised and unstructured. No gymnastics experience required. Registration online only.

Mon. & Wed.: 6:30pm-8:30pm

CLOSED Aug 4

\$11.50 per person

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

Option 1: Ages 2 - 6 \$295 for up to 12 participants

Option 2: Ages 7+ \$325 for up to 18 participants

*For both options, \$50 fee to add extra 6 participants available upon registration *See website for more details.

SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group's needs.



jayme.pryer@ubc.ca



SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

Soccer: 3-5 & 6-9 YRS

Basketball: 8-12 & 12-16 YRS

Multisport and Playtime: 1.5-3 YRS

Mini Sport and Games: 3-5 YRS

Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:

kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email:

kiruthika.rathanaswami@ubc.ca



Gymnastics Summer Camps

Full-Day Camp: 6-10 YRS

Gym kids have fun learning basic gymnastics skills while developing physical literacy. This camp is for children who have completed full-day kindergarten. This camp includes other activities. Please bring 2 snacks and a lunch.

Full-Day Camps: \$509.00 (5 days),
\$407.20 (4 days)

Gym Kids Half-Day 6-10 YRS

Gym kids have fun learning basic gymnastics skills while developing physical literacy.

Half-Day Camps: \$313.00 (5 days),
\$250.40 (4 days)

Preschool Half-Day Camp: 4-5 YRS

A fun-filled introduction to gymnastics movement. Participants develop general movement skills in both games and unstructured play. This camp is for children who have not yet started full-day kindergarten.

\$313.00 (5 days), \$250.40 (4 days)

Trampoline and Tumble Half-Day Camp: 8-12 YRS

Participants will develop basic skills on the trampoline, mini trampoline and spring floor. Both beginner and intermediate / advance can register.

\$324.00 (5 days), \$259.20 (4 days)

Excel Half-Day Camp: 7-12 YRS

Excel Camp is our advanced recreational program for highly motivated and experienced gymnasts. All levels of excel can register. An assessment is required before registration.

\$324.00 (5 days), \$259.20 (4 days)

High School/Teen Half-Day Camp: 11-17 YRS

This camp does not require any gymnastics experience and provides gymnastics instruction in an active, fun, and social environment. Both current High School team members and non-members are welcome to join.

\$336.00 (5 days)

Gymnastics Summer Camp Registration

10:00 am Online/Phone/In-Person

Early Bird

Registration Opens: Tuesday, April 1st

*Only Valid for Full Day Gym Kids
Camps (6-10 YRS)

Regular

Registration Opens: Tuesday, April 15th

*Valid for all Gymnastics Summer Camps,
Classes, and Birthdays

Gymnastics Summer Camps Schedule

Week	Morning Camps 9 AM - 12 PM	Afternoon Camps 1 PM - 4 PM	Full Day Camps 9 AM - 4 PM
June 30 - July 4 <small>*4 days, closed July 1</small>	Preschool	Gym Kids	Gym Kids
July 7 - July 11	Gym Kids	Excel	Gym Kids
July 14 - July 18	Preschool, Gym Kids, T&T	Gym Kids, High School/Teen	Gym Kids
July 21 - July 25	Excel	Gym Kids	Gym Kids
July 28 - Aug 1	Gym Kids	T&T	Gym Kids
Aug 5 - Aug 8 <small>*4 days, closed Aug 4</small>	Preschool, Gym Kids, Excel	Gym Kids, Excel	Gym Kids
Aug 11 - Aug 15	Gym Kids, Excel	Preschool, Gym Kids, T&T	Gym Kids
Aug 18 - Aug 22	Preschool, Gym Kids	Gym Kids, Excel	Gym Kids

Summer Half-Day Camp Lunch Supervision

Summer Camp Lunch Supervision is an option for participants who are wanting to stay for lunch before/after the Active Kids Half-Day Camps. Look for the Additional Fee option upon registration.

Want to add the option after registering?

Contact the Osborne Registration Office:
(604- 822-0207).

\$95.00 (5 days) \$76.00 (4 days)

Private Lessons

UBC Active Kids offers individual private or semi-private lessons based on coach availability. Sign up for our newsletter here kin.educ.ubc.ca/outreach/active-kids/ to stay up to date on our NEW private lesson offerings and details.

Weekly Gymnastics Classes

Monday	Tuesday	Wednesday	Thursday	Sunday
4:30-6:30 Excel 1/2 5:00-6:30 Int./Adv. T&T	4:30-6:00 Gym Kids 2 Gym Kids 3	4:30-6:30 Excel 2/3 Highschool	4:15-5:00 Parent & Tot Preschool 5:00-6:00 Gym Kids 1	Birthday Party 10:30-12:30 12:00-2:00 1:30-3:30 3:00-5:00 <small>*Available every second Sunday</small>
2025 Summer Term: Monday, June 30 - Friday, August 22, 2025. *No camps or classes on July 1 & Aug. 2-4				

Weekly Gymnastics Classes

Parent & Tot: 1.5-3 YRS

A fun-filled introduction to gymnastics for you and your child.

45 min, 1:8 ratio, \$177.00 (8 classes)

Preschool: 3-4 YRS

For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.

45 min, 1:6 ratio, \$177.00 (8 classes)

Gym Kids: 5-10 YRS

Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

Gym Kids 1: 5-6 YRS **Gym Kids 2: 6-7 YRS**

1 hour, 1:6 ratio 1.5 hours, 1:8 ratio
\$191.00 (8 classes) \$234.25 (7 classes) /

\$267.00 (8 classes)

Gym Kids 3: 8-10 YRS

1.5 hours, 1:8 ratio
\$234.25 (7 classes) / \$267.00 (8 classes)

Excel: 6-14 YRS

Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at:

info.activekids@ubc.ca

Excel 1/2: 6-1/2 YRS **Excel 2/3: 7-14 YRS**

2 hours, 1:8 ratio \$244.75 (7 classes) / \$279.00 (8 classes)

Trampoline & Tumbling: 8-14 YRS

The ideal program for children interested in focusing on just the trampoline and floor. An assessment is required for Int/Adv. class. Book here:

info.activekids@ubc.ca

Intermediate/Advanced T&T: 8-14 YRS

1.5 hours, 1:6 ratio \$236.00 (7 classes)

High School Competitive: 13-17 YRS

Athletes train to represent their high school at BC High School local and provincial competitions.

Contact us to learn more:

jayme.pryer@ubc.ca

2 hours, 1:8 ratio \$285.00 (8 classes)