

WHAT COULD THIS PROGRAM DO FOR YOU?

Coach: Obtain a Masters degree to advance your career and the profession of coaching.

Technical Leader: Move into high performance leadership with a Masters credential and influence positive change in sport.

Athlete: Transition from national team programming towards a career in coaching or technical leadership.

Mentor: Mentor the next wave of high performance coaches and leaders by joining our prestigious group of sport leaders.

Corporate: Seek out the benefits of high performance sport in transforming your employees to maximize their potential.

“ This program is a **must** for anyone pursuing a career as a high performance coach, director, or technical leader. International sport federations should be endorsing the program and encouraging their coaches and **technical leaders** to pursue ongoing higher education. ”

MASTERS

HIGH PERFORMANCE COACHING
AND TECHNICAL LEADERSHIP

kin.educ.ubc.ca/hp-coaching

HIGH PERFORMANCE COACHING AND TECHNICAL LEADERSHIP

UBC School of Kinesiology's Masters in High Performance Coaching and Technical Leadership is designed to improve the quality of high performance coaching and leadership internationally by bringing scholarship and evidence-based practices to the profession. Coaches in this program gain the knowledge and technical expertise to create the highest quality sport programming to ensure high performance athlete success in sport and life.

The only program of its kind internationally, which offers an online delivery model with a 1-week orientation in beautiful Vancouver, B.C.

WHO ARE OUR STUDENTS?

- **High performance experience** – coached or led at major games, national or provincial teams, as well as post-secondary sport
 - **Qualified** – International Certification
 - **Mature learners** – median age = 37.5 years
 - **Professional** – full- or part-time jobs in sport
- **Leaders** – endorsed by international sport federations
 - **Diverse** – multi-sport background creates a unique community of sharing

“It has been very helpful to look at my **coaching** in a different light and there are a lot of **positive** things that I have brought into my day to day coaching environment.”

WHY APPLY?

- Flexible admission to the program is based on prior learning
- Learning with 1-week face-to-face orientation
- High performance mentor opportunities
- Maximize the multi-sport advantage by engaging practices across different sports
- 1-year graduate certificate with option to move into a master's program
- Students may be eligible for International Olympic Committee Solidarity Funding

“The HPCTL program has been a great experience. It has made me challenge my every day practices as a coach and leader.”

WHAT'S THE COURSE CONTENT?

The curriculum is designed around four key themes: coaching effectiveness, performance planning, coaching leadership, and training and competition readiness, which promotes action-oriented, evidence-based, and reflective practice.

A flexible delivery allows coaches to ladder from a one-year graduate certificate into a two-year Masters. Coaches and leaders work closely within their cohort to share practices that apply course content.

Graduate Certificate

YEAR 1

- KIN 515** Gap Analysis
- KIN 585** Performance Planning
- KIN 586** Coaching Effectiveness
- KIN 597** Practical Applications

Masters

YEAR 2 & 3

- KIN 516** Psychology of Leadership Development
- KIN 517** Business of High Performance Sport
- KIN 572** Research Methods
- KIN 575** Data Analytics
- KIN 596** High Performance Sport Inquiry

Our instructors are among the top minds within the Canadian Sport System and utilize current practitioners in High Performance sport from the Canadian Sport institute. Together, they offer a multidisciplinary approach to raising the bar for coaches and technical leaders across Canada.

