FAMILIES NEEDED!

HELP US UNDERSTAND HOW TO PROMOTE CHILDREN’S HEALTHY DEVELOPMENT INTERNATIONALLY

The SUNRISE international study is examining how movement and sleep impact preschool-aged children’s healthy development around the world.

To be eligible for the study you must:
- Have a child that attends this childcare centre and is 3 or 4 years old

What does participation involve?
- Complete a parent questionnaire and brief administrative survey (15-25 mins)
- At childcare, your child will complete various activities that measure motor & cognitive skills, and have their height & weight measured
- Your child will wear a motion sensor for 7 consecutive days

Interested in participating?
- Ask your centre director for an information letter & fill out the consent form via QR code

QR CODE