School and Group Bookings

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

Family Drop-In (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.

- $5 per child
- Wednesdays: 11:00am-12:00pm
- Fridays: 11:00am-12:00pm & 7:15pm-8:15pm

Teen & Adult Drop-In (14+ YRS)

- $10 per person
- Mondays & Wednesdays: 8:00pm-10:00pm
- No drop-in Monday May 20

Birthdays

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

- Option 1: Ages 2 - 6
  - $285 for up to 12 participants
- Option 2: Ages 7+
  - $315 for up to 18 participants

* For both options, $50 fee to add extra 6 participants available upon registration

* See website for more details

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### WEEKLY GYMNASTICS CLASSES

#### PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym.

- **45 min, 1:8 ratio**
- **$146.75 (7 classes) / $167.00 (8 classes)**

#### PRESCHOOL: 3-4 YRS
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.

- **45 min, 1:6 ratio**
- **$146.75 (7 classes) / $167.00 (8 classes)**

#### GYM KIDS: 5-10 YRS
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 5-6 YRS**
  - **1 hour, 1:6 ratio**
  - **$159.00 (7 classes) / $181.00 (8 classes)**

- **Gym Kids 2: 6-7 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

- **Gym Kids 3: 8-10 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

#### TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor. An assessment is required for Int/Adv, book here: kin.outreach@ubc.ca

- **Beginner T&T: 8-12 YRS**
  - **1 hour, 1:6 ratio**
  - **$234.25**

- **Intermediate/Advanced T&T: 8-14 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$239.50 (7 classes) / $273.00 (8 classes)**

- **EXCEL 1: 6-10 YRS**
  - **2 hours, 2:1 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

- **EXCEL 2: 7-12 YRS**
  - **2 hours, 2:1 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

- **EXCEL 3: 8-14 YRS**
  - **2 hours, 1:8 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

#### GYM KIDS: 3-8 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 3-4 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

- **Gym Kids 2: 5-6 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

- **Gym Kids 3: 6-7 YRS**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

#### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop gymnastics skills in a fun-filled environment.

- **5:00-6:30 Homeschool**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

#### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop gymnastics skills in a fun-filled environment.

- **5:00-6:30 Homeschool**
  - **1.5 hours, 1:8 ratio**
  - **$222.00 (7 classes) / $253.00 (8 classes)**

#### WEEKLY GYMNASTICS CLASSES

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<tr>
<th>Monday</th>
<th>Tuesday</th>
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<tr>
<td><strong>PARENT &amp; TOT</strong></td>
<td><strong>Preschool</strong></td>
<td><strong>Gym Kids 1</strong></td>
<td><strong>Preschool</strong></td>
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<td>6:00-7:30 Gym Kids 3</td>
<td>6:00-7:30 Gym Kids 3</td>
<td>7:15-8:15 Family Drop-in</td>
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<td>6:30-8:00 Int. Adv. T&amp;T</td>
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#### EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: kin.outreach@ubc.ca

- **Excel 1: 6-10 YRS**
  - **2 hours, 2:1 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

- **Excel 2: 7-12 YRS**
  - **2 hours, 2:1 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

- **Excel 3: 8-14 YRS**
  - **2 hours, 1:8 ratio**
  - **$234.25 (7 classes) / $267.00 (8 classes)**

#### HIGH SCHOOL COMPETITIVE: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited, no experience needed. Contact us to learn more: active.kids@ubc.ca

- **Teen 1: 11-14 YRS**
  - **2 hours, 1:8 ratio**
  - **$239.50 (7 classes) / $273.00 (8 classes)**

- **Teen 2: 12-15 YRS**
  - **2 hours, 1:8 ratio**
  - **$239.50 (7 classes) / $273.00 (8 classes)**

- **Teen 3: 13-17 YRS**
  - **2 hours, 1:8 ratio**
  - **$239.50 (7 classes) / $273.00 (8 classes)**

#### ADULTS: 18+ YRS
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class. No previous gymnastics experience required.

- **2 hours, 1:8 ratio**
  - **$174.75 (7 classes)**

#### PRIVATE LESSONS
UBC Active Kids can arrange individual private or semi-private lessons based on availability.

For information, go to: kin.ubc.ca/activekids/bookings

To book a private lesson, please contact: kin.outreach@ubc.ca

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