Gymnastics Birthday Party Frequently Asked Questions

How many participants can attend?
Option 1 (2-6 YRS)
The number of participants for this option is 12.

Option 2 (7+ YRS)
The number of participants for this option is 18.

Can additional participants be added?
An additional 6 participants can be added to regular parties for an additional $50. This option can be chosen during the party registration process. You may only add a maximum of 6 participants to your birthday party; only 1 purchase of the additional participant option will be accepted. However, you may bring more participants than the allotted amount, but keep in mind that participants will be given a break during the party and rotated through so everyone can still participate.

Who counts as a participant?
All friends, siblings, and the birthday person are considered participants.

What is the birthday party refund policy?
Option 1:
If our registration office receives a request to cancel a booked birthday 11 or more business days before the scheduled birthday event date, then we will provide a full refund or equivalent credit, minus a $25 administrative fee.

Option 2:
If our registration office receives a request to cancel a booked birthday 6 – 10 business before the scheduled birthday event date, then we will provide a 50% refund through mailed cheque or equivalent credit.

Option 3:
Cancellations made 0 – 5 business days before the scheduled birthday event date will not receive a refund or credit of any kind unless it is for medical reasons. In this case, a medical note will need to be provided.

Additional Participant Fee Refund
If an extra coach has been requested, confirmed, and paid for, the $50 fee is non-refundable unless the main registration office receives the request to cancel the extra coach 2 or more business days prior to the day the party is scheduled for.

What is the role of the birthday party coaches?
The experienced and enthusiastic coaches will lead your party through a series of exciting games and activities. The coaches do NOT supervise the 45 minutes in the party room; this time is to be supervised by the parents/party hosts.

What should participants wear and bring to the birthday party?
Participants should wear comfortable athletic clothing and are expected to be in bare feet. Long hair should be tied back and jewelry removed. **We recommend that participants bring a water bottle.**
Is any parent participation required?
While in the gymnastics gym, children less than 4 years old must be within arm’s reach of an adult (other than a coach) at all times. Children older than 4 years of age are expected to participate independently.

Can parents watch the gymnastics portion?
Yes, parents are able to watch the gymnastics portion of the party. Parents are also welcome to join the group upstairs in the party room.

Am I allowed to bring alcohol for parents?
Yes. There is absolutely no alcohol allowed.

Do all participants require waivers?
Each participant is required to have a completed ‘Active Kids Minor Waiver’ to participate in the birthday party. These waivers must be filled out by the legal parent/guardian and will be available in the gym.

What does the timing of the party look like? How does it run?
The party consists of an hour and 15 minutes of gymnastics time, followed by 45 minutes in the party room. You may access the party room 15 minutes before the gymnastics portion of the party ends and must vacate the party room immediately following the end of your scheduled party time.
For example, if your party was at 3:00pm, the gymnastics portion of the party would run from 3:00-4:15pm. After gymnastics, the participants would move to the party room from 4:15-5:00pm. The party room would be accessible to parents/party hosts at 4:00pm for any necessary set-up.

Am I able to decorate the party room?
Yes, decorations are permitted. Parents/party hosts are responsible for cleaning up after themselves and removing any decorations. Please ensure all clean-up is done by the scheduled end time of your party.

What is the $25 facility cleaning fee?
This fee is a deposit for the party room. If the room is left unclean after an inspection by our staff, the $25 deposit will not be refunded. Otherwise the deposit will be returned to the card of the purchaser within 2-3 business days.

Who is responsible for clean up?
It is the responsibility of the client to leave the party room as clean. Recycling bins will be provided in the room. More bins can be located between Osborne Unit 1 and 2. Please make sure to leave the room the way that you found it, or you will lose the cleaning deposit!

Is there parking near the Osborne Centre?
The closest parking is a surface lot located between the Osborne Centre and the Doug Mitchell Thunderbird Arena. Additionally, Thunderbird Parkade is a short walk away located at 6085 Thunderbird Boulevard V6T 1Z3. Both locations are paid parking.

Am I allowed to take photos during the party?
Yes, photos may be taken by parents during the birthday party.

If you have any further questions about your birthday party please contact us by phone at 604-822-0207 or by email at kin.outreach@ubc.ca