





THE UNIVERSITY OF BRITISH COLUMBIA

Study Title: Measuring balance deficits in chronic inflammatory demyelinating polyneuropathy (CIDP)

Principal Investigator: Dr. Mark Carpenter

We would like to invite you to participate in a study investigating if balance is altered by chronic inflammatory demyelinating polyneuropathy (CIDP).

CIDP is an autoimmune condition, characterized by dramatic muscle weakness and loss of sensation in the arms and legs. Individuals with CIDP often experience instability and poor balance due to weakness and numbness, yet few studies have examined which aspects of balance control are compromised in these patients.

We are looking for men and women over 40 years of age.

To be eligible, you must have no physical or cognitive impairments that may influence balance.

As a participant, you will be asked to commit to two 2-hour testing sessions, during which you will be asked to complete several balance tasks. Detailed recordings of how your nerves, muscles, and body respond during these tasks will be taken.

Your participation will help to determine how balance is affected by CIDP. Knowledge gained from this study will help clinicians identify balance deficits in CIDP, which can be used to inform treatment and develop interventions to reduce fall risk among this population.

If you are interested or have any questions about this study, please contact us by email (Heather; <u>heather.pudwell@ubc.ca</u>) or by phone (604 827-3482).

Thank you,

Heather Pudwell MSc Student

Email: heather.pudwell@ubc.ca

Tel: 604-827-3482