SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.

$5 per child

Wednesdays: 11:00am-12:00pm
Fridays: 11:00am-12:00pm & 7:15pm-8:15pm
No drop-in Friday Feb 16 (11am only) & Mar 29

TEEN & ADULT DROP-IN (14+ YRS)

$10 per person

Mondays & Wednesdays: 8:00pm-10:00pm
No drop-in Monday Feb 19 & Apr 1

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

Option 1: Ages 2 - 6
$285 for up to 12 participants

Option 2: Ages 7+
$315 for up to 18 participants

*For both options, $50 fee to add extra 6 participants available upon registration

*See website for more details

SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

- Soccer: 3-5 & 6-9 YRS
- Basketball: 8-12 & 12-16 YRS
- Multisport and Playtime: 1.5-3 YRS
- Mini Sport and Games: 3-5 YRS
- Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:

kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ACTIVE KIDS POLICIES

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

kin.ubc.ca/activekids/FAQ

UBC ACTIVE KIDS

Winter 2024

GYMNASTICS

604-822-0207
kin.ubc.ca/activekids
kin.outreach@ubc.ca
Osborne Centre, 6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

active.kids@ubc.ca
### WEEKLY GYMNASTICS CLASSES

#### PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym.  
45 min, 1:8 ratio  
$207.50 (10 classes) / $227.75 (11 classes) / $248.00 (12 classes)

#### PRESCHOOL: 3-4 YRS
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.  
45 min, 1:6 ratio  
$207.50 (10 classes) / $227.75 (11 classes) / $248.00 (12 classes)

#### GYM KIDS: 5-10 YRS
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.  
Gym Kids 1: 5-6 YRS  
1 hour, 1:8 ratio  
$225.00 (10 classes) / $248.00 (12 classes)

Gym Kids 2: 6-7 YRS  
1.5 hours, 1:6 ratio  
$315.00 (10 classes) / $346.00 (11 classes) / $377.00 (12 classes)

Gym Kids 3: 7-8 YRS  
1.5 hours, 1:8 ratio  
$315.00 (10 classes) / $346.00 (11 classes) / $377.00 (12 classes)

Gym Kids 4: 8-10 YRS  
1.5 hours, 1:8 ratio  
$340.00 (10 classes) / $398.00 (12 classes)

#### TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor. An assessment is required for Int/Adv, book here: kin.outreach@ubc.ca  
Beginner T&T: 8-12 YRS  
1 hour, 1:6 ratio  
$260.00 (10 classes) / $285.50 (11 classes) / $311.00 (12 classes)

Intermediate/Advanced T&T: 8-14 YRS  
1.5 hours, 1:6 ratio  
$325.00 (10 classes) / $389.00 (12 classes)

#### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.  
1.5 hours, 1:8 ratio  
$346.00 (11 classes)

#### WEEKLY GYMNASTICS CLASSES

**2024 Winter Term: Monday Jan 15, 2024 - Sunday Apr 7, 2024**

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<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
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<td>4:00-5:00 Gym Kids 1</td>
<td>4:00-6:00 Excel 1, Excel 2</td>
<td>3:30-4:15 Preschool</td>
<td>3:30-4:15 Gym Kids 1</td>
<td>10:00-10:45 Parent &amp; Tot Preschool</td>
<td>10:00-10:45 Parent &amp; Tot Preschool</td>
<td>9:00-9:45 Parent &amp; Tot Preschool</td>
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<td>6:00-8:00 Excel 1, Excel 2, Excel 3</td>
<td>6:00-8:00 Gym Kids 2</td>
<td>6:00-8:00 Gym Kids 1</td>
<td>11:00-12:00 Birthday Party</td>
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<td>7:00-9:00 Ault</td>
<td>7:15-8:15 Family Drop-in</td>
<td>8:00-10:00 Teen &amp; Adult Drop-in</td>
<td>8:00-10:00 Teen &amp; Adult Drop-in</td>
<td>9:00-9:45 Parent &amp; Tot Preschool</td>
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<td>6:00-8:00 Excel 3</td>
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**TEENS: 11-17 YRS**
For teens of all ability levels, no experience required.  
Teen 1: 11-14 YRS  
2 hours, 1:8 ratio  
$315.00 (10 classes)

Teen 1/2: 11-17 YRS  
2 hours, 1:8 ratio  
$377.00 (12 classes)

**HIGH SCHOOL COMPETITIVE: 13-17 YRS**
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited, no experience needed. Contact us to Learn more: active.kids@ubc.ca  
2 hours, 1:8 ratio  
$340.00 (10 classes) / $407.00 (12 classes)

**EXCEL**
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: kin.outreach@ubc.ca  
Excel 1: 6-10 YRS  
$225.00 (10 classes) / $247.50 (12 classes)

Excel 2: 7-12 YRS  
$315.00 (10 classes) / $346.00 (11 classes) / $377.00 (12 classes)

Excel 3: 8-14 YRS  
$340.00 (10 classes) / $407.00 (12 classes)

**ADULTS: 18+ YRS**
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.  
No previous gymnastics experience required.  
2 hours, 1:8 ratio  
$247.50 (10 classes)

**PRIVATE LESSONS**
UBC Active Kids can arrange individual private or semi-private lessons based on availability.  
For information, go to: kin.ubc.ca/activekids/bookings  
To book a private lesson, please contact: amanda.cooney@ubc.ca