SCHOOL AND GROUP BOOKINGS
Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group's needs.

FAMILY DROP-IN (up to 13 YRS)
All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.
$5 per child
Wednesdays: 11:00am-12:00pm
Fridays: 11:00am-12:00pm & 7:15pm-8:15pm
No 11am drop-in Friday Oct 21 and Nov 25

TEEN & ADULT DROP-IN (14+ YRS)
$10 per person
Mondays & Wednesdays: 8:00pm-10:00pm

BIRTHDAY PARTIES
Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.
Option 1: Ages 2 - 6
$265 for up to 12 participants
Option 2: Ages 7+
$295 for up to 18 participants
*For both options, $50 fee to add extra 6 participants available upon registration
*See website for more details

ACTIVE KIDS POLICIES
All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

ABOUT US
UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

UBC ACTIVE KIDS
Fall 2023

GYMNASTICS

SPORT AND PHYSICAL LITERACY PROGRAMS
Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:
- Soccer: 3-5 & 6-9 YRS
- Basketball: 8-12 & 12-16 YRS
- Multisport and Playtime: 1.5-3 YRS
- Mini Sport and Games: 3-5 YRS
- Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:
kina.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca

604-822-0207
kin.ubc.ca/activekids
kin.outreach@ubc.ca
Osborne Centre, 6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

kin.ubc.ca/activekids/FAQ

active.kids@ubc.ca
## WEEKLY GYMNASTICS CLASSES

### PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym.

- **10:00-10:45** Parent & Tot Preschool
- **11:00-12:00** Family Drop-in

1 hour, 1:6 ratio
$191.75 (9 classes) / $212.50 (10 classes) / $270.50 (9 classes) / $300.00 (10 classes) / $388.50 (13 classes)

### PRE-SCHOOL: 3-4 YRS
For children ready to be on their own and explore the gym. Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

- **4:00-5:00** Preschool
  - Gym Kids 1
  - Gym Kids 2
  - Excel 1
  - Excel 2
- **6:00-7:00** Int./Adv. T&T
  - Gym Kids 3
  - Beg. T&T

1.5 hours, 1:8 ratio
$270.50 (9 classes) / $300.00 (10 classes) / $388.50 (13 classes)

### GYM KIDS: 5-10 YRS
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

#### Gym Kids 1: 5-6 YRS
1 hour, 1:6 ratio
$255.25 (13 classes)
$178.25 (9 classes) / $197.50 (10 classes) / $274.75 (13 classes)

#### Gym Kids 2: 6-7 YRS
1 hour, 1:6 ratio
$274.75 (13 classes)
$191.75 (9 classes) / $212.50 (10 classes) / $300.00 (10 classes)

#### Gym Kids 3: 8-10 YRS
1 hour, 1:8 ratio
$388.50 (13 classes)
$270.50 (9 classes) / $300.00 (10 classes) / $388.50 (13 classes)

### TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor. An assessment is required for Int./Adv. book here: kin.outreach@ubc.ca

#### Preschool
- **3:30-4:15** Preschool
  - Gym Kids 1
  - Gym Kids 2
  - Gym Kids 3
  - Beg. T&T

1.5 hours, 1:8 ratio
$270.50 (9 classes) / $300.00 (10 classes) / $388.50 (13 classes)

### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **4:00-5:00** Gym Kids 1
- **5:00-6:30** Gym Kids 2

1.5 hours, 1:8 ratio
$388.50 (13 classes)

### GYM KIDS: 3-4 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **3:30-4:15** Preschool
  - Gym Kids 1
  - Gym Kids 2
  - Excel 1
  - Excel 2
- **6:00-7:30** Gym Kids 3
  - Int./Adv. T&T

1.5 hours, 1:6 ratio
$315.00 (10 classes) / $408.00 (13 classes)

### HOUSEHOLD GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **4:00-6:00** Beg. T&T
- **6:00-8:00** Gym Kids 1
- **6:00-8:00** T&T
- **7:00-7:30** Gym Kids 2
- **7:15-8:15** Gym Kids 3
- **8:00-10:00** Teen & Adult Drop-in

1.5 hours, 1:8 ratio
$388.50 (13 classes)

### WEEKLY GYMNASTICS CLASSES

<table>
<thead>
<tr>
<th>Time</th>
<th>Class Description</th>
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<tbody>
<tr>
<td>9:00-9:45</td>
<td>Parent &amp; Tot Preschool</td>
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<tr>
<td>9:45-10:30</td>
<td>Preschool</td>
</tr>
<tr>
<td>10:00-10:45</td>
<td>Parent &amp; Tot Preschool</td>
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<tr>
<td>11:00-11:00</td>
<td>Gym Kids 1</td>
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<tr>
<td>11:00-12:00</td>
<td>Gym Kids 2</td>
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<tr>
<td>12:30-2:30</td>
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<td>2:00-4:00</td>
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<td>3:00-5:00</td>
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<td>4:30-6:30</td>
<td>Birthday Party</td>
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<tr>
<td>5:00-7:00</td>
<td>High School</td>
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<tr>
<td>6:00-8:00</td>
<td>Preschool</td>
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<tr>
<td>6:30-8:00</td>
<td>Int./Adv. T&amp;T</td>
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<tr>
<td>7:00-9:00</td>
<td>Adult</td>
</tr>
</tbody>
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### PRIVATE LESSONS
UBC Active Kids can arrange individual private or semi-private lessons based on availability.
For information, go to: kin.ubc.ca/activekids/bookings

To book a private lesson, please email us at: active.kids@ubc.ca

### HIGH SCHOOL COMPETITIVE: 11-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited, no experience needed. Contact us to learn more:

- **2 hours** 1:8 ratio
  - $365.25 (11 classes) / $398 (12 classes) / $496.25 (15 classes)

### EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at:

- **1:30-3:30**Birthday Party
- **3:00-5:00**Birthday Party
- **3:30-5:30**Birthday Party
- **4:30-6:30**Birthday Party
- **5:00-7:00**High School

1.5 hours, 1:8 ratio
$288.50 (9 classes) / $320.00 (10 classes) / $414.50 (13 classes)

### TEENS: 11-17 YRS
For teens of all ability levels, no experience required.

#### Teen 1/2: 11-17 YRS
2 hours, 1:8 ratio
$300.00 (10 classes)

#### Teen 1: 11-14 YRS
2 hours, 1:8 ratio
$388.50 (13 classes)

#### High School Competitive: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited, no experience needed. Contact us to learn more: active.kids@ubc.ca

- **2 hours** 1:8 ratio
  - $365.25 (11 classes) / $398 (12 classes) / $496.25 (15 classes)

#### EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at:

- **1:30-3:30**Birthday Party
- **3:00-5:00**Birthday Party
- **3:30-5:30**Birthday Party
- **4:30-6:30**Birthday Party
- **5:00-7:00**High School

1.5 hours, 1:8 ratio
$288.50 (9 classes) / $320.00 (10 classes) / $414.50 (13 classes)

### ADULTS: 18+ YRS
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.

For information, go to: kin.ubc.ca/activekids/bookings

To book a private lesson, please email us at: active.kids@ubc.ca

- **2 hours** 1:8 ratio
  - $212.00 (9 classes)