

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ACTIVE KIDS POLICIES

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

 kin.ubc.ca/activekids/FAQ



THE UNIVERSITY OF BRITISH COLUMBIA
School of Kinesiology

UBC ACTIVE KIDS SUMMER 2023



604-822-0207



kin.educ.ubc.ca/active-kids



Osborne Centre
6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

GYMNASTICS

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm's reach of an adult at all times.

\$5 per child

Tuesdays & Thursdays: 6:00pm-7:00pm

TEEN & ADULT DROP-IN (14+ YRS)

\$10 per person

Mondays: 7:00pm-9:00pm

Wednesdays: 6:30pm-8:30pm

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes one hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cakes and presents.

Option 1: Ages 2-6

\$280 for up to 12 participants

Option 2: Ages 7+

\$310 for up to 18 participants

For both options, there is an optional \$50 fee to add an extra 6 participants upon registration. See website for more details and scheduling.

SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group's needs.



active.kids@ubc.ca



SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

Soccer: 3-5 & 6-9 YRS

Basketball: 8-12 & 12-16 YRS

Multisport and Playtime: 1.5-3 YRS

Mini Sport and Games: 3-5 YRS

Homeschool Multisport: 6-9 and 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:

kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca



GYMNASTICS SUMMER CAMP REGISTRATION

Opens Monday April 17th, 2023

Online registration begins at 7:00AM
kin.ubc.ca/activekids

Phone registration begins at 10:00AM
 604-822-0207

SUMMER CAMPS

WEEK	MORNING CAMPS 9:00 AM - 12:00 PM	AFTERNOON CAMPS 1:00 PM - 4:00 PM	FULL DAY CAMPS 9:00 - 4:00 PM
July 4-7	Preschool	Gym Kids / T&T	Gym Kids
July 10-14	Pre / Gym Kids / T&T	Gym Kids / Excel	Gym Kids
July 17-21	Pre / Gym Kids	Gym Kids / T&T	Gym Kids
July 24-28	Pre / Gym Kids	Gym Kids / Excel	Gym Kids
July 31-Aug 4	Gym Kids	Pre / T&T	Gym Kids
Aug 8-11	Pre / Gym Kids	Gym Kids / Excel	Gym Kids
Aug 14-18	Gym Kids / Excel	Pre / Gym Kids / T&T	Gym Kids
Aug 21-25	Pre / Gym Kids	Gym Kids / Excel	Gym Kids

PRESCHOOL HALF-DAY CAMP: 3.5-5 YRS

A fun-filled introduction to gymnastics movement. Participants develop general movement skills in both games and unstructured play. This camp is for children who have not yet started full-day kindergarten. \$284 (5 days), \$228.20 (4 days)

GYM KIDS HALF-DAY/FULL-DAY CAMP: 6-10 YRS

Gym kids have fun learning basic gymnastics skills while developing physical literacy. This camp is for children who have completed full-day kindergarten.

Half-Day Camps: \$278 (5 days), \$223.40 (4 days)

Full-Day Camps: \$462 (5 days), \$370.60 (4 days)

TRAMPOLINE AND TUMBLE HALF-DAY CAMP: 8-12 YRS

Participants will develop basic skills on the trampoline, mini trampoline and spring floor. Both beginner and intermediate / advance can register. \$294 (5 days), \$ 236.20 (4 days)

EXCEL HALF-DAY CAMP: 7-12 YRS

Excel Camp is our advanced recreational program for highly motivated and experienced gymnasts. Children learn progressively more advanced skills through each level of the excel program. All levels of excel can register. An assessment is required before registration. \$294 (5 days), \$236 (4 days)

SUMMER HALF-DAY CAMP LUNCH SUPERVISION

Summer Camp Lunch Supervision is an option for participants who are wanting to stay for lunch before/after the Active Kids Half-Day Camps. Look for the Additional Fee option upon registration. Want to add the option after registering? Contact the Osborne Registration Office (604-822-0207)

PRIVATE LESSONS

UBC Active Kids can arrange private or semi-private lessons based on availability.

kin.educ.ubc.ca/active-kids/booking

WEEKLY GYMNASTICS CLASSES

GYM KIDS: 6-10 YRS

Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

GK 1: 5-6 YRS

1 hour, 1:6 ratio, \$171.00 (8 classes)

GK 2: 6-7 YRS, GK 3: 8-10 YRS

1.5 hours, 1:6 ratio, \$241.00 (8 classes)

HIGH SCHOOL COMPETITIVE: 13-17 YRS

Athletes train to represent their high school at BC High School local and provincial competitions. Contact us to learn more: active.kids@ubc.ca

2 hours, 1:8 ratio, \$201.50 (6 classes)

EXCEL: 6-14 YRS

Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: active.kids@ubc.ca

Excel 1/2: 6-12 YRS, Excel 2/3: 7-14 YRS

2 hours, 1:6 ratio, \$194.00 (6 classes), \$257.00 (8 classes)

TRAMPOLINE & TUMBLING: 8-14 YRS

The ideal program for children interested in focusing on just the trampoline and floor.

Beginner T&T: 8-12 YRS

1 hour, 1:6 ratio \$203.00 (8 classes)

Intermediate/Advanced T&T: 8-14 YRS

1.5 hours, 1:6 ratio \$253.00 (8 classes)

PARENT & TOT: 1.5-3 YRS

A fun-filled introduction for you and your child to gymnastics while you explore the gym.

45 min, 1:8 ratio, \$159.00 (8 classes)

PRESCHOOL: 3-4 YRS

For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.

45 min, 1:6 ratio, \$159.00 (8 classes)

2023 Summer Term:

Tuesday July 4 - Friday August 25

MON	TUES	WED	THURS
5:00-7:00 High School Excel 1/2	4:30-6:00 Gym Kids 2 Gym Kids 3	4:30-6:30 Excel 2/3 5:00-6:30 Int/Adv T&T	4:15-5:00 Parent & Tot Preschool 5:00-6:00 Beg T&T Gym Kids 1
SUN	12:00-2:00, 1:30-3:30 & 3:00-5:00 Birthday Parties *available every second Sunday		