

Do you have high blood pressure? Ever wonder how air pollution might impact the benefits of exercise?

Join our study today!

What is this study about?

This research study seeks to understand whether air pollution can interfere with the health benefits of exercise in patients with high blood pressure.

Who is eligible to participate?

Adults aged 40-70 who are currently taking blood pressure medication, or have been diagnosed with elevated or high blood pressure.

Eligible patients will attend three visits (total of 8 hours). During two visits, participants will briskly walk for 30 minutes. Heart, blood vessel, and lung health will then be monitored for up to 24 hours.

*Participants will be compensated for their time.

Contact us to learn more!
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