ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ACTIVE KIDS POLICIES

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

kin.ubc.ca/activekids/FAQ

UBC ACTIVE KIDS
Winter 2023

SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

kin.active.kids@ubc.ca

UBC ACTIVE KIDS
Winter 2023

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.

$5 per child

Wednesdays: 11:00am-12:00pm

Fridays: 11:00am-12:00pm & 7:15pm-8:15pm

No 11am drop-in Friday Feb 17

TEEN & ADULT DROP-IN (14+ YRS)

$10 per person

Mondays & Wednesdays: 8:00pm-10:00pm

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

Option 1: Ages 2 - 6

$265 for up to 12 participants

Option 2: Ages 7+

$295 for up to 18 participants

*For both options, $50 fee to add extra 6 participants available upon registration

*See website for more details

SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

active.kids@ubc.ca

kin.active.kids@ubc.ca

Osborne Centre, 6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

604-822-0207

kin.ubc.ca/activekids

SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

Soccer: 3-5 & 6-9 YRS
Basketball: 8-12 & 12-16 YRS
Multisport and Playtime: 1.5-3 YRS
Mini Sport and Games: 3-5 YRS
Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:

kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca
**WEEKLY GYMNASTICS CLASSES**

**PARENT & TOT: 1.5-3 YRS**
A fun-filled introduction for you and your child to gymnastics while you explore the gym. 45 min, 1:8 ratio $182.50 (10 classes) / $200.75 (11 classes) / $219.00 (12 classes)

**PRESCHOOL: 3-4 YRS**
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills. 45 min, 1:6 ratio $182.50 (10 classes) / $200.75 (11 classes) / $219.00 (12 classes)

**GYM KIDS: 5-10 YRS**
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 5-6 YRS**
  - 1 hour, 1:6 ratio $197.50 (10 classes) / $217.25 (11 classes) / $237.00 (12 classes)
- **Gym Kids 2: 6-7 YRS**
  - 1.5 hours, 1:8 ratio $280.00 (10 classes) / $308.00 (11 classes) / $336.00 (12 classes)
- **Gym Kids 3: 8-10 YRS**
  - 1.5 hours, 1:8 ratio $280.00 (10 classes) / $308.00 (11 classes) / $336.00 (12 classes)

**TRAMPOLINE & TUMBLING: 8-14 YRS**
The ideal program for children interested in focusing on just the trampoline and floor.

- **Beginner T&T: 8-12 YRS**
  - 1 hour, 1:6 ratio $240.00 (10 classes) / $264.00 (11 classes) / $288.00 (12 classes)
- **Intermediate/Advanced T&T: 8-14 YRS**
  - 1.5 hours, 1:8 ratio $330.00 (11 classes) / $360.00 (12 classes)

**HOMESCHOOL GYMNASICS: 5-10 YRS**
Children develop basic gymnastics skills in a fun-filled environment.

- **Gym Kids 2: 6-7 YRS**
  - 1.5 hours, 1:6 ratio $330.00 (11 classes) / $360.00 (12 classes)

**BIRTHDAY PARTY**
For information, go to: kin.ubc.ca/activekids/bookings

**PRIVATE LESSONS**
UBC Active Kids can arrange individual private or semi-private lessons based on availability. To book a private lesson, please email us at: active.kids@ubc.ca

**TEENS: 11-17 YRS**
For teens of all ability levels, no experience required.

- **Teen 1: 11-14 YRS**
  - 2 hours, 1:8 ratio $308.00 (11 classes)
- **Teen 2: 11-17 YRS**
  - 2 hours, 1:8 ratio $336.00 (12 classes)

**HIGH SCHOOL COMPETITIVE: 13-17 YRS**
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited, no experience needed. Contact us to learn more: active.kids@ubc.ca

- **High School: 13-17 YRS**
  - 2 hours, 1:8 ratio $352.00 (11 classes) / $416.00 (13 classes) / $448.00 (14 classes)

**EXCEL**
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: active.kids@ubc.ca

- **Excel 1: 6-10 YRS**
  - 2 hours, 1:8 ratio $360.00 (12 classes)
- **Excel 2: 7-12 YRS**
  - 2 hours, 1:8 ratio $360.00 (12 classes)
- **Excel 3: 8-14 YRS**
  - 2 hours, 1:8 ratio $360.00 (12 classes)

**ADULTS: 18+ YRS**
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.

- **Adults: 18+ YRS**
  - No previous gymnastics experience required. 2 hours, 1:8 ratio $217.50 (10 classes)

**ACTIVITIES**
To book a private lesson, please email us at: active.kids@ubc.ca