SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times. $5 per child

Wednesdays: 11:00am-12:00pm

Fridays: 11:00am-12:00pm & 7:15pm-8:15pm

No 11am drop-in Friday Oct 21 and Nov 25

TEEN & ADULT DROP-IN (14+ YRS)

$10 per person

Mondays & Wednesdays: 8:00pm-10:00pm

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

Option 1: Ages 2 - 6

$265 for up to 12 participants

Option 2: Ages 7+

$295 for up to 18 participants

*For both options, $50 fee to add extra 6 participants available upon registration

*See website for more details

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active.kids@ubc.ca

604-822-0207

kin.ubc.ca/activekids

kin.outreach@ubc.ca

Osborne Centre, 6108 Thunderbird Blvd.
Vancouver, BC V6T 1Z3

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ACTIVE KIDS POLICIES

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

kin.ubc.ca/activekids/FAQ

UBC ACTIVE KIDS

Fall 2022

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Gymnastics

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SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

Soccer: 3-5 & 6-9 YRS
Basketball: 8-12 & 12-16 YRS
Multisport and Playtime: 1.5-3 YRS
Mini Sport and Games: 3-5 YRS
Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:
kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca
### WEEKLY GYMNASTICS CLASSES

**PARENT & TOT: 1.5-3 YRS**  
A fun-filled introduction for you and your child to gymnastics while you explore the gym.  
**Monday**  
9:00-9:45 Parent & Tot  
10:00-10:45 Preschool  
12:00-12:45 Family Drop-in  
**Tuesday**  
10:00-10:45 Preschool  
11:00-11:45 Family Drop-in  
**Wednesday**  
12:00-12:45 Family Drop-in  
**Thursday**  
No Class Oct 10  
**Friday**  
No Class Oct 8  
No Class Oct 9  
No Class Oct 10  
**Saturday**  
No Class  
**Sunday**  
No Class  

**HOMESCHOOL GYMNASTICS: 5-10 YRS**  
Children develop basic gymnastics skills in a fun-filled environment.  
**Monday**  
4:00-5:00 Gym Kids 1  
4:30-6:00 Excel 1  
5:00-6:30 Gym Kids 2  
**Tuesday**  
6:00-8:00 Excel 3  
6:30-8:00 Int./Adv. T&T  
8:00-10:00 Teen & Adult Drop-in  
**Wednesday**  
8:00-10:00 Teen & Adult Drop-in  
**Thursday**  
8:00-10:00 Teen & Adult Drop-in  
**Friday**  
No Class  
**Saturday**  
No Class Sept 30, Nov 11  
**Sunday**  
No Class Oct 8, Nov 12  

**GYM KIDS: 5-10 YRS**  
Children develop basic gymnastics skills in a fun-filled environment.  
**Monday**  
3:00-4:15 Preschool  
3:30-4:30 Gym Kids 1  
3:30-5:00 Gym Kids 2  
4:30-6:00 Gym Kids 2  
**Tuesday**  
6:00-8:00 Excel 3  
6:30-8:00 Int./Adv. T&T  
8:00-11:00 Gym Kids 1  
**Wednesday**  
12:00-2:00 Homeschool  
12:30-2:00 Excel 1  
3:30-5:30 Gym Kids 3  
7:15-8:15 Family Drop-in  
**Thursday**  
7:00-9:00 Adult  
**Friday**  
9:00-9:45 Parent & Tot  
9:00-10:00 Gym Kids 1  
9:00-10:30 Gym Kids 2  
9:45-10:30 Preschool  
10:00-11:00 Gym Kids 1  
10:30-12:00 Gym Kids 2  
10:00-10:45 Preschool  
10:00-10:45 Preschool  
11:00-12:00 Family Drop-in  
**Saturday**  
12:30-2:30 Birthday Party  
1:30-3:30 Birthday Party  
**Sunday**  
2:00-4:00 Birthday Party  
3:00-5:00 Birthday Party  
3:30-5:30 Birthday Party  
5:00-7:00 High School  

**TRAMPOLINE & TUMBLING: 8-14 YRS**  
The ideal program for children interested in focusing on just the trampoline and floor.  
**Beginner T&T: 8-12 YRS**  
**Monday**  
4:00-5:00 Gym Kids 1  
4:00-6:00 Excel 1  
5:00-6:30 Gym Kids 2  
**Tuesday**  
4:00-6:00 Excel 1  
6:00-8:00 Gym Kids 2  
6:00-8:00 Gym Kids 2  
**Wednesday**  
6:00-8:00 Excel 1  
6:00-8:00 Gym Kids 3  
**Thursday**  
6:00-7:30 Gym Kids 3  
6:00-8:00 Gym Kids 3  
**Friday**  
6:00-7:30 Gym Kids 3  
7:00-9:00 Adult  
**Saturday**  
**Sunday**  

**EXCEL**  
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: active.kids@ubc.ca  
**Excel 1: 6-10 YRS**  
**Excel 2: 7-12 YRS**  
**Excel 3: 8-14 YRS**  
2 hours, 1:8 ratio  
$300.00 (10 classes) / $330.00 (11 classes) / $360.00 (12 classes)  

**PRIVATE LESSONS**  
UBC ActiveKids can arrange individual private or semi-private lessons based on availability. For information, go to: kin.ubc.ca/activekids/bookings  
To book a private lesson, please email us at: active.kids@ubc.ca