



## Teaching Assistant Job Description

**COURSE: KIN 320 Exercise Testing and Prescription**

**INSTRUCTOR: Dr. Jasmin Ma**

This TA Job Description is provided for reference purposes only. It will be subject to changes as required. For more specific details and information, students are advised to contact the instructor directly, if they are offered the position. Current course scheduling is posted [online](#).

**Course description:** Exercise prescription, techniques, and appraisal methods for promoting health-enhancing levels of fitness for people with chronic disease and disability.

**Requirements:** I hold weekly 30-minute meetings to prepare TAs for lecture/lab, discuss any issues, reflect on teaching practices, and offer opportunities for professional development. To ensure TAs can respond to student queries and grade in alignment with course content, attendance at all labs and most lectures are required. During lab sessions, the TA will help coach exercise technique, provide feedback, and facilitate problem-based learning exercises. The teaching assistant should have foundational knowledge in exercise prescription and technique cueing and feel comfortable to independently assist groups of students. There is time allotted for the Teaching Assistant to review materials and receive training from the instructor prior to in-class sessions.

Marking includes reviewing surveys for completion and two assignments. Each assignment will have a thorough answer key along with opportunities to calibrate grading between TAs and the instructor. Part of the TA's duties is also to review assignments or quizzes with students who request an appointment to do so, monitor the Canvas discussion board, and answer e-mails from students.

**Preferences (Optional):** Certification as a personal trainer or strength and conditioning specialist is preferred.

### Division of Time by Duty:

The following is an approximation of how the Teaching Assistant will divide their time for the course, but is subject to changes based on the needs of the course. ***The total maximum working hours per term is 184 hours.***

Role	Details	Hours
Weekly meetings		10
PAR-Q	Check PAR-Q responses and flag anyone who is deemed needing additional clearance	2
Quiz review	Review quiz draft or enter into Canvas x 3	1.5

Lab attendance and prep	Prepare for and facilitate labs	41
Lecture attendance + flex	Attend lecture to help facilitate discussion	26
Guest Lecture	Prepare and deliver lecture on applications of exercise prescription after kin degree	8
Grade assignment 1 final submission	Grade assignment Upload marks to speedgrader	15
Assignment 2 grading	Grade case studies Upload marks to speedgrader	45
Participation	Monitor attendance through participation sheets/name tags	2.5
Training/professional development		6
Meetings		6
Answering student emails/responding to Canvas Q&A		20
Other/flex		1
Total Hours		184

- Salary for each appointment will be in accordance with current [CUPE 2278 rates](#).
- Courses and TA requirements may be changed or cancelled due to budget or student enrolments. All applicants must ensure they will be available when the course is offered. Please review the [course schedule site](#).
- Interested Graduate students will be provided a link to the applications in May.
- For more information, please see [Teaching Assistantships](#)

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