SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

FAMILY DROP-IN (up to 13 YRS)

All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times. $5 per child

Wednesdays: 11:00am-12:00pm
Fridays: 11:00am-12:00pm & 7:15pm-8:15pm

TEEN & ADULT DROP-IN (14+ YRS)

$10 per person

Mondays & Wednesdays: 8:00pm-10:00pm

BIRTHDAY PARTIES

Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cake and presents.

$265 for up to 18 participants

Saturdays: 1:30pm-3:30pm, 3:00pm-5:00pm & 4:30pm-6:30pm
Sundays: 12:30pm-2:30pm, 2:00pm-4:00pm & 3:30pm-5:30pm

SCHOOL AND GROUP BOOKINGS

Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

active.kids@ubc.ca
### WEEKLY GYMNASTICS CLASSES

#### PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym. 45 min, 1:6 ratio. $105.00 (6 classes) / $122.50 (7 classes) / $140.00 (8 classes)

#### PRESCHOOL: 3-4 YRS
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills. 45 min, 1:6 ratio. $105.00 (6 classes) / $122.50 (7 classes) / $140.00 (8 classes)

#### GYM KIDS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 5-6 YRS**
  - 1 hour, 1:6 ratio
  - $105.00 (6 classes) / $122.50 (7 classes) / $140.00 (8 classes)

- **Gym Kids 2: 6-7 YRS**
  - 1.5 hours, 1:8 ratio
  - $152.00 (8 classes) / $114.00 (6 classes) / $133.00 (7 classes)

- **Gym Kids 3: 8-10 YRS**
  - 1.5 hours, 1:8 ratio
  - $216.00 (8 classes)

#### TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor.

- **Beginner T&T: 8-12 YRS**
  - 1 hour, 1:6 ratio
  - $138.00 (6 classes) / $184.00 (8 classes)

- **Intermediate/Advanced T&T: 8-14 YRS**
  - 1.5 hours, 1:6 ratio
  - $203.00 (7 classes) / $232.00 (8 classes)

#### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 5-6 YRS**
  - 1 hour, 1:6 ratio
  - $105.00 (6 classes) / $122.50 (7 classes) / $140.00 (8 classes)

- **Gym Kids 2: 6-7 YRS**
  - 1.5 hours, 1:8 ratio
  - $152.00 (8 classes) / $114.00 (6 classes) / $133.00 (7 classes)

- **Gym Kids 3: 8-10 YRS**
  - 1.5 hours, 1:8 ratio
  - $216.00 (8 classes)

#### HIGH SCHOOL COMPETITIVE: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited. Contact us to learn more: active.kids@ubc.ca

- **Teen 1: 11-14 YRS**
  - 2 hours, 1:8 ratio
  - $189.00 (7 classes)

- **Teen 2: 11-17 YRS**
  - 2 hours, 1:8 ratio
  - $216.00 (8 classes)

#### EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at: active.kids@ubc.ca

- **Excel 1: 6-10 YRS**
  - 2 hours, 1:6 ratio
  - $253.00 (8 classes)

- **Excel 2: 7-12 YRS**
  - 2 hours, 1:6 ratio
  - $253.00 (8 classes)

- **Excel 3: 8-14 YRS**
  - 2 hours, 1:6 ratio
  - $253.00 (8 classes)

#### ADULTS: 18+ YRS
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class. No previous gymnastics experience required.

- **High School**
  - 2 hours, 1:8 ratio
  - $147.00 (7 classes)

#### PRIVATE LESSONS
UBC Active Kids can arrange individual private or semi-private lessons based on availability. For information, go to: kin.ubc.ca/ activekids/bookings

To book a private lesson, please email us at: active.kids@ubc.ca