

Potential Course Templates for Mkin Coaching Science and Clinical Kinesiology

- Mkin students may use the sample templates below to plan their courses
- Students are allowed to register in courses offered at UBC-Vancouver and UBC-Okanagan (undergrad and graduate)
- Maximum 6 credits of Undergraduate courses at the 300/400 level can be taken for credits
- KIN 598 Directed field studies is a 3 credit course with Pass/Fail standing
- KIN 530A/B Directed Studies. If you wish to do a directed research study with a faculty member, it is at the faculty member's discretion
- A total of 30 credits must be completed
- See course offerings at:
<https://courses.students.ubc.ca/cs/courseschedule?pname=subjarea&tname=subj-department&dept=KIN>

Potential Course Template I for Mkin (Coaching Science interest) - 3 terms course planning

Course	Course Code	Course Title	Terms
1	KIN 572	Research methods for sports & health sciences	fall 1
2	KIN 585	Performance planning	fall 1
3	KIN 567	Skill Acquisition	fall 1
4	KIN 562	Bioenergetics of Physical Activity	fall 1
5	KIN 586	Coaching Effectiveness	winter 1
6	KIN 500K	Injury Prevention - A multidisciplinary approach	winter 1
7	KIN 580	Graduate Seminar on Body, Exercise and Society	winter 1
8	KIN 489Z	Strength & Conditioning Perf. and Prof.	summer 1
9	KIN 598	Directed Field Study I (Pass/Fail)	summer 1
10	KIN 530A	Directed Study/research studies or review	summer 1

Potential Course Template II for Mkin (Coaching Science interest) - 4 terms course planning

Course	Course Code	Course Title	Terms
1	KIN 572	Research methods for sports & health sciences	fall 1
2	KIN 585	Performance planning	fall 1
3	KIN 567	Movement skill acquisition	fall 1
4	KIN 586	Coaching Effectiveness	winter 1
5	KIN 500K	Injury Prevention - A multidisciplinary approach	winter 1
6	KIN 580	Graduate Seminar on Body, Exercise and Society	winter 1
7	KIN 489Z	Strength & Conditioning Perf. and Prof.	summer 1
8	KIN 598	Directed Field Study I (Pass/Fail)	summer 1 or fall 2
9	KIN 562	Bioenergetics of Physical Activity	fall 2
10	KIN 564	Psychological aspects of Physical Activity	fall 2

Potential Course Template I for Mkin (Clinical Kinesiology interest) - 3 terms course planning

Course	Course Code	Course Title	Terms
1	KIN 572	Research methods for sports & health sciences	fall 1
2	KIN 500F	Aging, Health, and Physical Activity: Socio-Cultural Perspectives	fall 1
3	KIN 564	Psychological aspects of Physical Activity	fall 1
4	KIN 562	Bioenergetics of Physical Activity	fall 1
5	KIN 500	Special Populations and exercise prescription	winter 1
6	KIN 500H	Exercise Testing and Prescription for Health and Performance	winter 1
7	KIN 500K	Injury Prevention - A multidisciplinary approach	winter 1
8	KIN 489A	Sport Nutrition	winter 1
9	KIN 598	Directed Field Study I (Pass/Fail)	summer 1
10	KIN 530A	Directed Study/research studies or review	summer 1

Potential Course Template II for Mkin (Clinical Kinesiology interest) - 4 terms course planning

Course	Course Code	Course Title	Terms
1	KIN 572	Research methods for sports & health sciences	fall 1
2	KIN 500F	Aging, Health, and Physical Activity: Socio-Cultural Perspectives	fall 1
3	KIN 564	Psychological aspects of Physical Activity	fall 1
4	KIN 500	Special Populations and exercise prescription	winter 1
5	KIN 500H	Exercise Testing and Prescription for Health and Performance	winter 1
6	KIN 500K	Injury Prevention - A multidisciplinary approach	winter 1
7	KIN 489A	Sport Nutrition	winter 1
8	KIN 598	Directed Field Study I (Pass/Fail)	summer 1 or fall 2
9	KIN 562	Bioenergetics of Physical Activity	fall 2
10	KIN 567	Skill Acquisition	fall 2