All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

**ACTIVE KIDS POLICIES**

About Us

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

**SPORT AND PHYSICAL LITERACY PROGRAMS**

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

- Soccer: 3-5 & 6-9 YRS
- Basketball: 8-12 & 12-16 YRS
- Multisport and Playtime: 1.5-3 YRS
- Mini Sport and Games: 3-5 YRS
- Homeschool Multisport: 6-9 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information: [kin.ubc.ca/activekids/sports-physical-literacy](http://kin.ubc.ca/activekids/sports-physical-literacy)

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca
WEEKLY GYMNASTICS CLASSES

PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym. 45 min, 1:8 ratio
$175.00 (10 classes)/$192.50 (11 classes)

PRE-SCHOOL: 3-4 YRS
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.
45 min, 1:6 ratio
$190.00 (10 classes)/$209.00 (11 classes)

GYM KIDS: 5-10 YRS
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.
1 hour, 1:6 ratio
$270.00 (10 classes)/$297.00 (11 classes)

HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.
1.5 hours, 1:8 ratio
$175.00 (10 classes)/$192.50 (11 classes)

TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor.
Beginner & T&T: 8-12 YRS
1 hour, 1:6 ratio
$230.00 (10 classes)/$253.00 (11 classes)
Intermediate/Advanced & T&T: 8-14 YRS
1.5 hours, 1:6 ratio
$290.00 (10 classes)/$319.00 (11 classes)

HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.
1.5 hours, 1:8 ratio
Please contact us if you are interested.

PRIVATE LESSONS
UBCActive Kids can arrange individual private or semi-private lessons based on availability.
active.kids@ubc.ca

HIGH SCHOOL COMPETITIVE: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited. Contact us to learn more:
active.kids@ubc.ca

ADULTS: 18+ YRS
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.
No previous gymnastics experience required.
2 hours, 1:8 ratio
$210.00 (10 classes)

EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills. 2 classes per week is recommended. An assessment is required before registration, book one at:
active.kids@ubc.ca

TEENS: 11-17 YRS
For teens of all ability levels, no experience required.
Teen 1: 11-14 YRS
2 hours, 1:8 ratio
$270.00 (10 classes)
Teen 1/2: 11-17 YRS
2 hours, 1:8 ratio
$297.00 (11 classes)

PRESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.
1.5 hours, 1:6 ratio
$290.00 (10 classes)/$319.00 (11 classes)

INTERMEDIATE/ADVANCED & T&T: 8-14 YRS
2 hours, 1:8 ratio
$300.00 (10 classes)/$330.00 (11 classes)

EXCEL 1: 6-10 YRS
Excel 2: 7-12 YRS
Excel 3: 8-14 YRS
2 hours, 1:8 ratio
$290.00 (10 classes)/$319.00 (11 classes)

EXCEL HIGH SCHOOL COMPETITIVE: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited. Contact us to learn more:
active.kids@ubc.ca

EXCEL 1: 6-10 YRS
Excel 2: 7-12 YRS
Excel 3: 8-14 YRS
2 hours, 1:8 ratio
$300.00 (10 classes)/$330.00 (11 classes)

ADULTS: 18+ YRS
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.
No previous gymnastics experience required.
2 hours, 1:8 ratio
$210.00 (10 classes)

PRIVATE LESSONS
UBC Active Kids can arrange individual private or semi-private lessons based on availability.
kin.ubc.ca/activekids/bookings