Gymnastics Birthday Party Frequently Asked Questions

How many participants can attend and who counts as a participant?
The maximum number of children able to participate in the gymnastics portion of the party is 18, including siblings.

What is the birthday party refund policy?
Option 1:
If our registration office receives a request to cancel a booked birthday 11 or more business days before the scheduled birthday event date, then we will provide a full refund or equivalent credit, minus a $25 administrative fee.

Option 2:
If our registration office receives a request to cancel a booked birthday 6 – 10 business before the scheduled birthday event date, then we will provide a 50% refund or equivalent credit.

Option 3:
Cancellations made 0 – 5 business days before the scheduled birthday event date will not receive a refund or credit of any kind unless it is for medical reasons. In this case, a medical note will need to be provided.

What is the role of the birthday party coaches?
The experienced and enthusiastic coaches will lead your party through a series of exciting games and activities. The coaches do NOT supervise the 45 minutes in the party room; this time is to be supervised by the parents/party hosts.

What should participants wear and bring to the birthday party?
Participants should wear comfortable athletic clothing and are expected to be in bare feet. Long hair should be tied back and jewelry removed. We recommend that participants bring a water bottle.

Is any parent participation required?
While in the gymnastics gym, children less than 4 years old must be within arm’s reach of an adult (other than a coach) at all times. Children older than 4 years of age participate independently. Vaccination passport and ID will be checked for any adults entering the gym.

Can parents watch the gymnastics portion?
Due to Covid protocols only the parents of the birthday child and any that are accompanying participants under 4 years of age are allowed in the gymnastics gym and the viewing area in the gym. Parents are welcome to join the group upstairs in the party room. All parents will be asked to provide their Vaccination passport and ID for verification.

Do all participants require waivers?
Each participant is required to have a completed ‘Active Kids Minor Waiver’ to participate in the birthday party. These waivers must be filled out by the legal parent/guardian and will be available in the gym.
Are masks required during the party?
Masks are required for all visitors in the hallways, sign-in area, and party room, unless they are:
- under 12 years old
- unable to wear a mask because of a health condition or physical or mental impairment
- unable to put on or remove a mask without help from another person
Participants are welcome to remove masks while participating in the gymnastics portion of the party. Masks may only be removed while consuming food or beverages in the party room and must be replaced once finished.

What does the timing of the party look like? How does it run?
The party consists of an hour and 15 minutes of gymnastics time, followed by 45 minutes in the party room. You may access the party room 15 minutes before the gymnastics portion of the party ends and must vacate the party room immediately following the end of your scheduled party time.
For example, if your party was at 3:00pm, the gymnastics portion of the party would run from 3:00-4:15pm. After gymnastics, the participants would move to the party room from 4:15-5:00pm. The party room would be accessible to parents/party hosts at 4:00pm for any necessary set-up.

Am I able to decorate the party room?
Yes, decorations are permitted. Parents/party hosts are responsible for cleaning up after themselves and removing any decorations. Please ensure all clean-up is done by the scheduled end time of your party.

What is the $25 facility cleaning fee?
This fee is a deposit for the party room. If the room is left unclean after an inspection by our staff, the $25 deposit will not be refunded. Otherwise the deposit will be returned to the card of the purchaser within 2-3 business days.

Who is responsible for clean up?
It is the responsibility of the client to leave the party room as clean. Recycling bins will be provided in the room. Please make sure to leave the room the way that you found it, or you will lose the cleaning deposit!

Am I allowed to bring alcohol for parents?
No. There is absolutely no alcohol allowed.

Is there parking near the Osborne Centre?
The closest parking is a surface lot located between the Osborne Centre and the Doug Mitchell Thunderbird Arena. Additionally, Thunderbird Parkade is a short walk away located at 6085 Thunderbird Boulevard V6T 1Z3. Both locations are paid parking.

Am I allowed to take photos during the party?
Yes, photos may be taken by parents during the birthday party.

If you have any further questions or wish to request an extra coach for your birthday party please contact us by phone at 604-822-0207 or by email at kin.outreach@ubc.ca