All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

ACTIVE KIDS POLICIES

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

COVID SAFETY PLAN

The safety of our children, families, and staff is our top priority. Active Kids has worked carefully to follow established Provincial Health Authority and WorkSafeBC guidelines, as well as UBC and sport sector best practices. This has resulted in significant changes to how our programs will be delivered in Spring 2021. Prior to registering your child, please ensure that you have read and understood all of the changes that will affect you and your child’s experience. Some examples include:

- The Osborne facility will remain closed and locked to the public.
- Coaches will meet children at a designated entry door, and only participants will be allowed in the building.
- Weekly pre-screening will be in effect.
- Significant cleaning and handwashing practices will be in place.
- Fewer classes at once, each with designated spaces and equipment.
- Smaller class sizes.
- Select classes will not be offered this Spring, including Birthdays, Drop-in’s, Preschool, Gym Kids 1, and Adult.
- Contactless registration methods.

For full details, please review our completed safety plan at kin.ubc.ca/activekids/FAQ

SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

- Soccer: 3-5 & 6-9 YRS
- Basketball: 8-12 & 12-16 YRS
- Multisport and Playtime: 1.5-3 YRS
- Mini Sport and Games: 3-5 YRS
- Homeschool Multisport: 6-9 and 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information: kin.ubc.ca/activekids/sports-physical-literacy

If you are interested in a custom program for your community, please email us: active.kids@ubc.ca
## WEEKLY GYMNASTICS CLASSES

### PARENT & TOT: 1.5-3 YRS
A fun-filled introduction for you and your child to gymnastics while you explore the gym.
45 min, 1:6 ratio
$98.00 (7 classes)

### PRE-SCHOOL: 3-4 YRS
For children ready to be on their own and explore the gymnastics gym through guided instructions and basic skills.
This program is not being offered this term - contact us for more information.

### GYM KIDS: 5-10 YRS
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.
1 hour, 1:6 ratio
Gym Kids 1: 5-6 YRS
This program is not being offered this term - contact us for more information.
Gym Kids 2: 6-7 YRS
1 hour, 1:6 ratio
$129.50 (7 classes)/$148.00 (8 classes)
Gym Kids 3: 8-10 YRS
1 hour, 1:6 ratio
$129.50 (7 classes)/$148.00 (8 classes)

### TRAMPOLINE & TUMBLING: 8-14 YRS
The ideal program for children interested in focusing on just the trampoline and floor.
Beginner T&T: 8-12 YRS
1 hour, 1:6 ratio
$161.00 (7 classes)/$184.00 (8 classes)
Intermediate/Advanced T&T: 8-14 YRS
1.5 hours, 1:6 ratio
$196.00 (7 classes)/$224.00 (8 classes)

### HOMESCHOOL GYMNASTICS: 5-10 YRS
Children develop basic gymnastics skills in a fun-filled environment.
This program is not being offered this term - contact us for more information.

### TEENS: 11-19 YRS (NO EXPERIENCE NEEDED)
For teens of all ability levels.
Teen: 11-17 YRS
1.5 hours, 1:6 ratio
$147.00 (7 classes)/$168.00 (8 classes)

### HIGH SCHOOL COMPETITIVE: 13-17 YRS
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited. Contact us to learn more:
active.kids@ubc.ca
2 hours, 1:8 ratio
$210.00 (7 classes)/$240.00 (8 classes)

### EXCEL
Our advanced recreational program for highly motivated children teaches more advanced skills.
2 classes per week is recommended. An assessment is required before registration, book one at:
active.kids@ubc.ca
Excel 1: 6-10 YRS
Excel 2: 7-12 YRS
Excel 3: 8-14 YRS
1.5 hours, 1:6 ratio
$161.00 (7 classes)/$184.00 (8 classes)

### ADULTS (18+ YRS)
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class.
No previous gymnastics experience required.
This program is not being offered this term - contact us for more information.

### PRIVATE LESSONS
UBC Active Kids can arrange individual private or semi-private lessons based on availability.
kin.educ.ubc.ca/active-kids/booking