

Job Description: Teaching Assistant for KIN 120

Instructor: Dr. Maria Gallo

This TA Job Description is provided for reference purposes only. It will be subject to changes as required. For more specific details and information, students are advised to contact the instructor directly, if they are offered the position. Current course scheduling is posted [online](#).

Course description: The first half of this course focuses on the role of physical activity in the maintenance of a healthy life. The second half of this course's emphasis will be on exercise prescription and testing for the healthy adult population. Field and laboratory techniques for exercise testing, interpretation, and exercise program prescription are major topics.

Requirements: The overall aims of the labs are twofold: firstly, to expose the Kinesiology student with reliable and valid field tests that assess the health-related components of fitness (body composition, flexibility, muscular strength, endurance and power, and cardiorespiratory fitness), and secondly to familiarize them with the foundational four pillars of human movement: push/pull, change of elevation, rotation and locomotion.

There are five labs in this course. Each lab is offered over a two-week period. One TA covers one week and the other TA covers the second week; three sections occur over that week period. Each lab session has approximately 20 students in it. All labs are 90 minutes long. Each lab begins with a brief theoretical background and demonstration of the techniques/protocols to be used that day. During the lab, TA will guide the learning experience. Each lab will end with a short post-lab talk to highlight findings, source of errors, and answer questions.

TAs are expected to grade lab reports. Each lab group must submit two lab reports throughout the term. The TAs will aid in marking midterms and the final exam. Each include multiple choice, short answer and long answer questions. Each exam will have a thorough answer key. The final requirements are to answer e-mails from students and offer weekly office hours.

Preferences: The TA should have foundational knowledge in exercise prescription and programming. Additionally, TAs should be proficient in coaching functional movement (hip hinge, lunge, squat, push/pull upper body).

Division of Time by Duty:

The following is an approximation of how the Teaching Assistant will divide their time for the course, but is subject to changes based on the needs of the course. ***The total maximum working hours per term is 184 hours.***

Duties	Number of hours per week or lab and/or term
Background preparation/reading	1 hr/lab 5 hr/term
Running lab	6 hr/wk 30 hr /term (5 labs)

Attendance in class/lecture	2 hr/term
Final exam invigilation	3 hr/term
Marking labs	30 hr/ term
Marking exams	40 hr/term
Student exam/quiz viewing	14 hr/term
Student communications (e-mail responses)	2 hr/wk 24 hr/term
Office hours	2 hr/wk 24 hr/term
Miscellaneous	8 hr/term

*Salary for each appointment will be in accordance with current CUPE 2278 rates.
http://www.cupe2278.ca/forms_and_docs/pay_rates.html.*

Courses and TA requirements may be changed or cancelled due to budget or student enrolments. All applicants must assure they will be available when the course is offered. Please review the [course timetable](#) on the UBC website.

TA Applications are due by May 15.

Interested Graduate students will be provided a link to the applications by May 1.

For more information, please see [Teaching Assistantships](#)

UBC hires on the basis of merit and is committed to employment equity. We encourage qualified applicants to apply.