12 DAYS OF HOLIDAYS!

Follow along with the 12 days of holiday cheer advent calendar below to try some fun new recipes and ideas for bringing the family together this holiday season! Most of the recipe ideas below feature a local ingredient that is in season in December. Trying to buy local produce each month is an awesome way of supporting local farmers, while also increasing your family’s food literacy! Food literacy involves knowing where the food you use comes from, how to prepare it, and how it impact’s the health of your community, the environment, and yourself.

*bolded items* can be found at local farmers markets!

1. **Homemade Hot Chocolate**
   - 2 cups oat milk (or your milk of choice)
   - 2 Tbsp cocoa powder
   - 2 Tbsp honey or maple syrup
   - 1/2 tsp vanilla extract

   Whisk all ingredients together & warm in pot then enjoy! ~2 servings

2. **Mashed Rutabanga with Sour Cream & Dill**

   Recipe can be found on simply recipes website!

   https://www.simplyrecipes.com/recipes/mashed_rutabaga_with_sour_cream_and_dill/

3. **Start a Gratefulness Journal!**

   Get your kids to write down or share with you 3 things they are grateful for every night!

4. **Roasted Red Potatoes**

   Recipe can be found on dinner at the zoo website!

   https://www.dinneratthezoo.com/roasted-red-potatoes/

5. **Take a dance break!**

   Take a break to dance to your favorite holiday song!

6. **Roasted Seasoned Winter Squash**

   Recipe can be found on skinny taste website!

   https://www.skinnytaste.com/roasted-seasoned-winter-squash-medley/

7. **Watch your favorite Holiday Movie!**

8. **Sweet Potato & Quinoa Chilli (vegan)**

   Recipe can be found on the simple veganista website!

   https://simple-veganista.com/sweet-potato-quinoa-chili/

9. **Build a gingerbread house as a family!**

10. **Apple Cinnamon Baked Oatmeal Recipe**

    Recipe can be found on the five heart home website!

    https://www.fivehearthome.com/apple-cinnamon-baked-oatmeal/

11. **Go for a walk outside & see if you can find any decorative lights!**

12. **Easy Snowman Pancakes**

    Recipe can be found on toddler approved website!