



## The University of British Columbia's

### Seniors COvid-19 Pandemic and Exercise (SCOPE) Study

is seeking adults aged 65  
years and older for a 12-  
week program to increase  
your levels of physical  
activity while at home.

for more information go to  
[scopetrial2020.ca](http://scopetrial2020.ca) or contact  
[kin.scope@ubc.ca](mailto:kin.scope@ubc.ca)

Principal Investigator: Mark Beauchamp

\*Note if you 'like' or 'retweet' this post, you may be publicly identified with the study (regardless of whether you participate in the study or not).