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**ABOUT US**

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

**G Y M N A S T I C S**

**FAMILY DROP-IN (up to 13 YRS)**
All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.
$5 per child
Tuesdays & Thursdays: 6:00pm-7:00pm

**TEEN & ADULT DROP-IN (14+ YRS)**
$10 per person
Mondays: 7:00pm-9:00pm
Wednesdays: 6:30pm-8:30pm

**BIRTHDAY PARTIES**
Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for cakes and presents.
$235 for up to 18 participants
Sundays: 12:00pm-2:00pm, 1:30pm-3:30pm & 3:00pm-5:00pm

**SCHOOL AND GROUP BOOKINGS**
Bookings are designed for school, camp, community, and private groups of 8 or more. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

**PRIVATE LESSONS**
UBC Active Kids can arrange individual private or semi-private lessons based on availability.
**SUMMER CAMPS**

<table>
<thead>
<tr>
<th>WEEK</th>
<th>MORNING CAMPS 9 AM - 12 PM</th>
<th>AFTERNOON CAMPS 1 PM - 4 PM</th>
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<tr>
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**CAMP TYPE**

- Half Day Preschool
- Half Day Gym Kids
- Half Day Excel
- Half Day T&T
- Half Day High School
- Full Day Gym Kids

**PRICE**

- Preschool: $195/$156
- Gym Kids: $205/$164
- Excel: $210/$168
- T&T: $205/$164
- High School: $210
- Full Day: $345/$276

**PRESCHOOL HALF-DAY CAMP 3.5-5 YRS**
A fun-filled introduction to gymnastics movement. Participants develop general movement skills in both games and unstructured play. This camp is for children who have not yet started full-day kindergarten.

**GYM KIDS HALF-DAY/FULL-DAY CAMPS 5-10 YRS**
Gym Kids have fun learning basic gymnastic skills while developing physical literacy. This camp is for children who have completed full-day kindergarten.

**TRAMPOLINE AND TUMBLE HALF DAY CAMP 8-12 YRS**
Participants will develop basic skills on the trampoline, mini trampoline and spring floor. Both beginner and intermediate / advance can register.

**EXCEL HALF-DAY CAMPS 7-12 YRS**
Excel Camp is our advanced recreational program for highly motivated and experienced gymnasts. Children learn progressively more advanced skills through each level of the excel program. All levels of excel can register. An assessment is required before registration.

**HIGH SCHOOL HALF-DAY CAMP 13-17 YRS**
High School Camps are designed for teens interested in participating in the Fall / Winter High School competitive program.

**SUMMER CAMPS REGISTRATION**

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**SUMMER CAMPS**

**PRESCHOOL 3-4 YRS**
45 min, 1:6 ratio, $128.25 (9 classes)

**GYM KIDS PROGRAM 5-10 YRS**
Gym Kids 1: 5-6 YRS
1 hour, 1:6 ratio, $140 (8 classes)
Gym Kids 2: 6-7 YRS
1.5 hours, 1:8 ratio, $222.75 (9 classes)
Gym Kids 3: 8-10 YRS
1.5 hours, 1:8 ratio, $222.75 (9 classes)

**TRAMPOLINE & TUMBLING**
Beginner T&T: 8-12 YRS
1 hour, 1:6 ratio, $204.75 (9 classes)

**HIGH SCHOOL COMPETITIVE: 13-17 YRS**
Athletes train to represent their high school at BC High School local and provincial competitions. Contact us to learn more: active.kids@ubc.ca
2 hours, 1:8 ratio, $216.00 (8 classes)

**EXCEL**
Excel 1/2: 6-12 YRS
2 hours, 1:8 ratio, $210.00 (8 classes)
To register for excel class or camp, please book an assessment: active.kids@ubc.ca

**WEEKLY CLASSES**

**SUMMER CAMPS**

**MONDAY**
8 classes

**TUESDAY**
9 classes

**WEDNESDAY**
8 classes

**THURSDAY**
9 classes

**SUNDAY**
12:00-2:00 Birthday Party
1:30-3:30 Birthday Party
3:00-5:00 Birthday Party

Summer Term: Monday, June 29 - Friday, August 28

Full-day and afternoon camps swim at the UBC Aquatic Centre on Friday afternoons. Please be sure to bring a bathing suit and towel!