GENERAL INFORMATION

All clients are responsible for knowing and adhering to all Active Kids policies. Please visit our website to learn more about waivers, cancellations, withdrawals, missed classes, refunds, and more. A direct link will also be provided on your receipt following registration.

kin.ubc.ca/activekids/FAQ

SPORT AND PHYSICAL LITERACY PROGRAMS

Active Kids offers a variety of sport and physical literacy programs for various communities including, but not limited to:

- Soccer: 3-5 & 6-9 YRS
- Basketball: 8-12 & 12-16 YRS
- Multi-Sport and Playtime: 1.5-3 YRS
- Multi-Sport and Physical Literacy: 3-5 YRS
- Homeschool Multisport: 5-8 & 9-12 YRS

Visit our website for complete information including locations, schedules, and registration information:

kin.ubc.ca/activekids/sports-physical literacy

If you are interested in a custom program for your community, please email:

kin.outreach@ubc.ca

UBC ACTIVE KIDS

SPRING 2020
REGISTRATION OPENS: MON MAR 30

FAMILY DROP-IN (up to 13 YRS)
All children must be accompanied by an adult, and any children 4 years or younger must be within arm’s reach of an adult at all times.
$5 per child
Mondays & Wednesdays: 11:00am-12:00pm
Fridays: 11:00am-12:00pm & 7:15pm-8:15pm

TEEN & ADULT DROP-IN (14+ YRS)
$10 per person
Mondays & Wednesdays: 8:00pm-10:00pm

BIRTHDAY PARTIES
Interactive birthday parties with instruction and games. Includes 1 hour and 15 minutes of gymnastics activities, and 45 minutes in a classroom for the party.
$235 for up to 18 participants
Saturdays: 1:30pm-3:30pm, 3:00pm-5:00pm & 4:30pm-6:30pm
Sundays: 12:30pm-2:30pm, 2:00pm-4:00pm & 3:30pm-5:30pm

SCHOOL AND GROUP BOOKINGS
Bookings are designed for school, camp, community, and private groups of 8 or more participants. NCCP certified and Active Kids trained gymnastics coaches can customize the experience for your group’s needs.

kin.outreach@ubc.ca

ABOUT US

UBC Active Kids provides developmentally appropriate recreational gymnastics, sport, and physical literacy classes to participants of all ages. Our program philosophy emphasizes positive sport experience and encourages life-long participation in physical activity. Certified instructors teach fundamental gymnastics and movement skills in a safe, fun, and physically active environment.

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### WEEKLY GYMNASTICS CLASSES

**PARENT & TOT: 1.5-3 YRS**
A fun-filled introduction for you and your child to gymnastics while you explore the gym. 45 min, 1:8 ratio
$81.00 (6 classes)/$94.50 (7 classes)

**PRESCCHOOL: 3-4 YRS**
For children ready to be on their own and explore the gymnastics gym through guided instructions and skills. 45 min, 1:6 ratio
$85.50 (6 classes)/$99.75 (7 classes)

**GYM KIDS: 5-10 YRS**
Children develop physical literacy and basic gymnastics skills in a fun-filled environment.

- **Gym Kids 1: 5-6 YRS**
  - 1 hour, 1:6 ratio
  - $105.00 (6 classes)/$122.50 (7 classes)

- **Gym Kids 2: 6-7 YRS**
  - 1.5 hours, 1:8 ratio
  - $148.50 (6 classes)/$173.25 (7 classes)

- **Gym Kids 3: 8-10 YRS**
  - 1.5 hours, 1:8 ratio
  - $157.50 (6 classes)/$183.75 (7 classes)

**TRAMPOLINE & TUMBLING: 8-14 YRS**
For children interested in focusing on just the trampoline and floor. An assessment is required before registration. Contact us to book an assessment: active.kids@ubc.ca

- **Excel 1: 8-12 YRS**
  - 2 hours, 1:8 ratio
  - $162.00 (6 classes)/$189.00 (7 classes)

- **Excel 2: 7-12 YRS**
  - 2 hours, 1:8 ratio
  - $157.50 (6 classes)/$183.75 (7 classes)

- **Excel 3: 8-14 YRS**
  - 2 hours, 1:8 ratio
  - $169.75 (7 classes)

**HOMESCHOOL GYMNASTICS: 5-10 YRS**
Children develop basic gymnastics skills in a fun-filled environment.

- **Homeschool: 5-10 YRS**
  - 45 min, 1:6 ratio
  - $85.50 (6 classes)/$99.75 (7 classes)

- **High School: 13-17 YRS**
  - 2 hours, 1:8 ratio
  - $169.75 (7 classes)

**PRIVATE LESSONS**
UBC Active Kids can arrange individual private or semi-private lessons based on availability.
active.kids@ubc.ca

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**WEEKLY GYMNASTICS CLASSES**

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Class</th>
<th>Age Range</th>
<th>Ratio</th>
<th>Fee (6 classes)</th>
<th>Fee (7 classes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9:15-10:00</td>
<td>Parents &amp; Tot*</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
<td>$81.00</td>
<td>$94.50</td>
</tr>
<tr>
<td></td>
<td>10:00-10:45</td>
<td>Preschool*</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
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<td></td>
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<tr>
<td>Tuesday</td>
<td>11:00-12:00</td>
<td>Family Drop-in</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
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<td></td>
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<tr>
<td>Wednesday</td>
<td>12:30-2:00</td>
<td>Homeschool</td>
<td>5-10 yrs</td>
<td>1:6</td>
<td>$85.50</td>
<td>$99.75</td>
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<tr>
<td></td>
<td>3:30-4:15</td>
<td>Gym Kids 1</td>
<td>6-10 yrs</td>
<td>1:6</td>
<td>$105.00</td>
<td>$122.50</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Gym Kids 2</td>
<td>7-12 yrs</td>
<td>1:6</td>
<td>$148.50</td>
<td>$173.25</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Gym Kids 3</td>
<td>8-14 yrs</td>
<td>1:6</td>
<td>$157.50</td>
<td>$183.75</td>
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<tr>
<td>Thursday</td>
<td>4:00-6:00</td>
<td>Excel 1</td>
<td>8-12 yrs</td>
<td>1:6</td>
<td>$162.00</td>
<td>$189.00</td>
</tr>
<tr>
<td></td>
<td>6:00-6:45</td>
<td>Excel 2</td>
<td>7-12 yrs</td>
<td>1:6</td>
<td>$157.50</td>
<td>$183.75</td>
</tr>
<tr>
<td></td>
<td>6:30-8:00</td>
<td>Excel 3</td>
<td>8-14 yrs</td>
<td>1:6</td>
<td>$169.75</td>
<td></td>
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<tr>
<td>Friday</td>
<td>7:15-8:15</td>
<td>Family Drop-in</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Saturday</td>
<td>9:00-9:45</td>
<td>Parents &amp; Tot Preschool</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
<td>$81.00</td>
<td>$94.50</td>
</tr>
<tr>
<td></td>
<td>10:00-10:45</td>
<td>Preschool*</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunday</td>
<td>11:00-12:00</td>
<td>Family Drop-in</td>
<td>1.5-3 yrs</td>
<td>1:8</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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**DISCOUNTS**
10% discount on Parent & Tot and Preschool classes for Acadia Park, UNA, and UTown members.

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**TEENS: 11-19 YRS**
For teens of all ability levels, no experience required.

- **Teen 1: 11-14 YRS**
  - 2 hours, 1:8 ratio
  - $145.50 (6 classes)

- **Teen 2/1: 11-17 YRS**
  - 2 hours, 1:8 ratio
  - $169.75 (7 classes)

**HIGH SCHOOL COMPETITIVE: 13-17 YRS**
Athletes train to represent their high school at BC High School local and provincial competitions. Registration is limited. Contact us to learn more:
active.kids@ubc.ca

- **Excel 1: 6-10 YRS**
  - 2 hours, 1:8 ratio
  - $105.00 (6 classes)/$122.50 (7 classes)

- **Excel 2: 7-12 YRS**
  - 2 hours, 1:8 ratio
  - $148.50 (6 classes)/$173.25 (7 classes)

- **Excel 3: 8-14 YRS**
  - 2 hours, 1:8 ratio
  - $157.50 (6 classes)/$183.75 (7 classes)

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**ADULTS: 18+ YRS**
Adults of all ages and levels of ability can improve their gymnastics skills and fitness level in the adult class. No previous gymnastics experience required.

- **Adult: 18+ YRS**
  - 2 hours, 1:8 ratio
  - $126.00 (6 classes)