

UNIVERSITY OF BRITISH COLUMBIA
SCHOOL OF KINESIOLOGY
KIN 500X CONTEMPORARY ISSUES IN HUMAN MOVEMENT DURING
CHILDHOOD AND YOUTH

ACKNOWLEDGEMENT

UBC's Point Grey Campus is located on the traditional, ancestral, and unceded territory of the xwməθkwəyəm (Musqueam) people. The land it is situated on has always been a place of learning for the Musqueam people, who for millennia have passed on in their culture, history, and traditions from one generation to the next on this site.

COURSE INFORMATION

Course Title	Course Code Number	Credit Value
Contemporary Issues in Human Movement during Childhood and Youth	KIN 500X	3

Location: Seminar Room, Lower Mall Research Station

Time: 1:00 pm to 4:00 pm

Duration: 09Jan2020 to 02Apr2020 (Reading Break 21Feb2020)

COURSE INSTRUCTOR: CONTACT INFORMATION

Course Instructor: Dr. Shannon Bredin

E-mail: shannon.bredin@ubc.ca

Office Location: Indigenous Studies in Kinesiology | Rm 210, Lower Mall Research Station | 2259 Lower Mall

Office Hours: By appointment. Students can schedule an office appointment by contacting Dr. Bredin via e-mail.

COURSE DESCRIPTION

This course focuses on the development, acquisition, and performance of human movement in childhood and youth for the promotion of life-long physical activity engagement, wholistic health and well-being, and long-term athlete development. The course will focus on exploring and identifying contemporary issues and trends, critically reviewing the literature, and formulating and applying knowledge translation strategies with the goal of improving the movement experiences of children and youth. Learning will center around student's engagement in a community-based experiential learning component with a partner organization. Specifically, students will collaborate with a community partner and perform a needs assessment for knowledge translation resources in the area of childhood/youth human movement and engage in the co-creation process to produce an open access knowledge translation resource.

PRIMARY COURSE LEARNING OBJECTIVES

At the conclusion of this course, successful students will be able to:

1. Identify contemporary issues and trends in childhood and youth movement environments in relation to the student's area of study.
2. Identify and synthesize the research specific to relevant contemporary issues and trends in child/youth movement, as well as present this literature to the community partner.
3. Engage in the process of co-creation with a community partner.
4. Create a knowledge translation action plan based on the literature and the needs of the community partner.
5. Create a knowledge translation product that is evidence-based and meets the needs of the community partner and target audience.

COURSE STRUCTURE

Students will gather to learn on Thursdays of each week starting on 06Jan2020 and ending on 02Apr2020. This course is a hands-on, experiential learning course that focuses on the development of evidence-based products that meet the needs of a community partner. Therefore, this course requires self-direction and dynamic engagement with others. Our course time is structured such that students are guided through the process until a final product has been created; therefore, there is dedicated time to student projects and students should be prepared with their project materials for presentation, discussion, and feedback each week. The instructor will serve as a facilitator of content in the course, direct the co-creation process, and act as a liaison between the students and the community partner.

ASSESSMENTS OF LEARNING

Assessment of the course learning objectives are based on student performance according to three individual (but related) components.

1. Process Report | Value: 40%

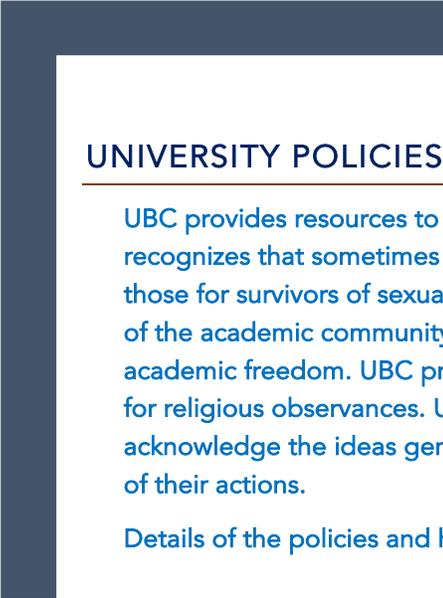
An the end of the course, students will submit a process book that provides a synthesis in a report-like fashion the co-creation process that was engaged in for the creation of the knowledge translation resources, as well as next step recommendations and strategies for evaluating the effectiveness and uptake of the resources. This report is due April 24, 2020.

2. Knowledge Translation Resources | Value: 40%

An the end of the co-creation process, students will submit the completed knowledge translation resources. Specifics for the knowledge translation resources are determined in consultation with the student, community partner, and instructor at the beginning of the course. The final knowledge translation product is due April 15, 2020.

3. Co-Creation Participation and Community Partner Feedback | Value: 20%

Students will receive a participation mark based on level of contribution to the co-creation process and on feedback from the community partner. This assessment is based on the student's initiative and capability to work in a collaborative manner with the community partner and on creating a product that directly meets the needs of the partner's organization. This participation is observed throughout the duration of the course. Due date: not applicable.



UNIVERSITY POLICIES

UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence. UBC values respect for the person and ideas of all members of the academic community. Harassment and discrimination are not tolerated nor is suppression of academic freedom. UBC provides appropriate accommodation for students with disabilities and for religious observances. UBC values academic honesty and students are expected to acknowledge the ideas generated by others and to uphold the highest academic standards in all of their actions.

Details of the policies and how to access support are available on [the UBC Senate website](#).
