Coaching Domain

Participation Coaching:
- Coaching children

Performance Coaching:
- Coaching high-performance athletes
  - Coaching performance athletes
  - Coaching emerging athletes
Coaching Type

ANALYTICAL
(Selling)
Coaching Parameter - Athlete Supporter

- A friend, helper, and partner of the athletes
Coaching Parameter - Knowledgeable

- Knowledge of Sport
What we learned...

- Having a combination of a democratic (sharing) coaching style and an autocratic (selling) coaching style for this age group leads to high levels of motivation and success among athletes.

- Having an athlete-centered approach and an awareness of individual athlete trajectory is critical for athlete development and athlete engagement.
THANK YOU
FOR LISTENING