

UBC Certificate in High Performance Coaching & Technical Leadership Advanced Coaching Diploma Module Mapping

A coach will receive credit equivalencies for the ACD Modules below by engaging the UBC Graduate Certificate in HP Coaching & Sport Leadership, plus the HP Leadership course as part of the masters program. The modules will be entered into the NCCP Locker and given the UBC Course Name. Coaches who do not continue with the Masters program can obtain credit for remaining Modules by engaging the CSI network for delivery and assessment. All coaches wishing to complete the ACD Diploma requirements must complete a panel presentation through the CSI network to receive credit in the ACD Final Presentation and Managing a Sport Program. The following is mapping of ACD modules to the UBC program and includes:

- Graduate Certificate = 13 ACD Modules + ACD Midpoint Assessment (See table below)
- Masters (HP Sport Leadership) = 4 ACD Modules (See table below)
- ACD Completion = ACD Final Presentation + Managing a Sport Program.

Table defining transfer of credit for UBC Courses to Advanced Coaching Diploma

UBC Course	UBC Learning Objective	ACD Module
Kin 515 Gap Analysis	Describe performance demands of sport/event coached using scientific research and analytics derived from performance analysis	Profiling Sport Performance <i>(Performance Planning)</i>
	Identify and test for gaps in technical, tactical, mental and physical performance factors relative to their LTAD stage	
	Describe the Gold Medal profile of coached athlete relative to stage in podium pathway using descriptive, prescriptive and predictive analytics	
	Develop and implement for coach's program/context, sport specific strategies for athlete identification, talent development, transfer and selection that are consistent with scientific principles and NSO/PSO guidelines	Talent ID and Selection <i>(Training and Competition Readiness)</i>
	Identify monitoring strategies that measure athlete / team progress to track changes in performance	Monitoring Athletes in Training and Competition
Kin 585 Performance Planning	Examine and research approaches and strategies used to periodize athlete training	Developing Integrated Training Plans <i>(Performance Planning)</i>
	Identify strengths, weaknesses, opportunities and threats to the performance plan	
	Identify logistical decisions that had positive or negative effects on the athlete/team performance and required to implement the Yearly or Multi-year Training Program	
	Outline program structure based on training, competition, and recovery needs and opportunities	
	Design micro/mesocycles that organize and sequence training, competition and recovery activities	
	Design and plan training stimulus that is appropriately sequenced for optimal adaptation	Implementing and Assessing the Training Plan
	Develop a tapering and peaking program in preparation for important competitions appropriate to LTAD stage	<i>(Performance Planning)</i>

UBC Course	UBC Learning Objective	ACD Module
	Develop and implement strategies to monitor the training program	
	Design a plan for athlete health care and safety and create a safe environment for training	Health and Safety <i>(Training and Competition Readiness)</i>
Kin 586 Coaching Effectiveness	Examine pre-determinants of expertise and optimal practice conditions and intervention strategies to maximize athlete potential	Innovative practices and coaching interventions
	Analyze effectiveness of interventions during practice to enable athlete performance and learning	
	Plan, design and deliver practices that enhance desired training stimulus.	
	Develop, communicate and put into practice a values-based coaching philosophy consistent with NCCP Code of Ethics	Creating your coaching philosophy
	Investigate leadership practices related to personal interactions with athletes and or support staff.	Effective leadership behaviours
	Debrief athletes and other stakeholders to assess performance and ensure effective working relationships with assistant coaches, experts and other support personnel.	
	Test and implements innovative practices to improve athletes' learning of technical and tactical elements that enhance performance	Skill development and biomechanics
	Use effective strategies and identify corrections to assist athletes <or coaches> to improve or refine technical elements that will enhance performance	
	Integrate the use of technology to effectively analyze athlete and coach performance, and to augment feedback during practice / training conditions.	
	Kin 598 Practicum	Identify gaps and strengths in coaching abilities based on feedback / observations that will assist in increasing one's effectiveness as a coach
Develop and implement a systematic analysis of current athlete(s) in order to maximize development and podium potential within sport		
Critically reflect on coaching practice and provide portfolio of evidence that support current coaching practices		
Take appropriate measures to promote safety and reduce injury risk associated with training		
Implement and facilitate pre-competition procedures that optimize readiness for performance		Preparing for Competition <i>(Training and Competition Readiness)</i>
Plan, implement, and oversee pre-competitive activities and support measures to create optimal conditions for performance		
Demonstrate coaching leadership that is consistent with NCCP Code of Ethics		Living your Coaching philosophy
		ACD Mid Point Assessment

UBC Masters

UBC Course	UBC Learning Objective	ACD Module
Kin 5XX – Leading High Performance Sport (3 Credit)	To understand and apply ethical decision making to current issues in sport and identify decisions or actions needed to be implemented.	Leading Change
	To investigate moral dilemmas or personal bias that may impact coaches perceptions of issues and apply values-based decision in difficult situations	
	To identify advocacy and or actions that may be taken to resolve issues or create change in sport	
	Optimize appropriate and ethical use of electronic and social media to support communication within program	Strategic Planning for a major Event
	Collaborate with others in planning the logistics, obtaining and allocating financial resources, and accessing and effectively using support persons support persons for selected competition or training event under his/her responsibility	
	Build an effective team of athletes and/or staff and support teams	Building Effective Team
	Manage and resolve conflicts in ways that support team mission.	
Produce evidence-based, appropriately detailed, and timely written reports about athlete/team performance, progress, and behaviour	Leading a Program	